

# EMSH *Insider*



## *Spotlight* on Miquell McGlothlin

Miquell McGlothlin says he is settling into his new role at East Mississippi State Hospital as director of Professional Development.

During most of his 24 years at EMSH, McGlothlin has worked with the individuals we serve by showing them how to manage and devise plans of care to aid in their development of a productive life. Now as professional director, McGlothlin is helping to prepare staff for that task.



“The Professional Development staff has been very welcoming and helpful to me in this new position,” McGlothlin said. “This staff is very flexible in providing the training for our employees each month.”

McGlothlin will be one of the first people all new employees meet when they report to work and attend General Orientation. A big part of his new assignment will be to see that employees remain current with their training through annual In-service, MANDT and re-certification for CPR. His department is also responsible for providing training for plans of correction, neglect and abuse training and retraining, as well as other policies.

“We will be ready to do what is needed in training,” McGlothlin said. “We will always be looking at what we are doing and making changes when needed”.

McGlothlin came to professional development from BASAC, which was merged with Mississippi State Hospital earlier this year. He had been the Unit director for the C-Building which care for young people with psychiatric and behavioral issues.

His years of experience in dealing with care plans and working with the people we serve will certainly help him in his new role.

“Real understanding is learning what is behind a behavior,” McGlothlin said. “That’s what Dr. Summers told me when I first came to work here. And that is what I have tried to go by. I enjoy working with the people we serve. I like getting to know them and developing a relationship. In doing that, you learn what they like and don’t like. You learn what triggers them. And when they get upset you are able to work with them. Our top priority is to keep each patient safe,” McGlothlin said.

Born and raised in Meridian, McGlothlin is a 1986 graduate of Meridian High School. He went on to earn a B.S. degree at the University of Southern Mississippi, and Master’s degree at Mississippi State University.

In his off time, he likes to listen to music, watch movies and play tennis.

## New Receiving Unit Ribbon Cutting



East Mississippi State Hospital had an official ribbon cutting for its new 60-bed receiving unit June 15. Members of the Mississippi Board of Mental Health were on hand for the occasion along with elected officials, state legislators and ESMH employees. Those legislators attending the ceremonies were Rep. Charles Young, Sen. Terry Burton, Sen. Videt Carmichael and Rep. William Shirley. The ceremony followed the monthly meeting of the state Mental Health board which was held on the ESMH campus earlier that day.

The ribbon was cut by DMH's Executive Director, Diana Mikula and Board of Mental Health Chair, Rick Barry on a rainy afternoon. The building was then opened to be toured by all while cake and punch were served.

The new building is made up of two 30-bed wings, connected by a central hall. At the center is a reception and kitchen area. The project cost \$14 million and includes a mechanical building for the cooling and heating units along with a 20,000 gallon water storage tank. The state Bureau of Buildings was in charge of the project.

It is anticipated that the people we serve will move into the new building within the next two months. When that happens, they will leave a building that went into service in 1885 and move into a modern facility.

A ground breaking ceremony for a second receiving unit will be held later this year. The second unit will be constructed in the footprint of the old Lewis building. It will be identical to the first receiving unit. Also in the project will be a new medical unit and admissions building.



## Love Out Loud Volunteers at EMSH

A group known as Love Out Loud or L.O.L., came to East Mississippi State Hospital to volunteer with several residents at the nursing homes. Their compassion and random acts of kindness are what they can only hope to spread throughout the community.

L.O.L. is an outreach ministry which began about nine years ago at Northcrest Baptist Church. Today, several area churches participate in this vital ministry to show love and compassion to others. They set up in different locations handing out water, placing diapering needs in public restrooms in case a parent runs out, provides lunches, haircuts and even carwashes in this grueling heat. They never ask for money or donations. Instead, they offer many needed prayers of comfort showing love and support, which is what Love Out Loud is all about.

One of the volunteers that came to EMSH and who is also with L.O.L. is Ms. Senita Webb. Most everyone at EMSH knows her friendly face and cheerful voice as she sings and plays the piano when doing groups with the residents.

The Love Out Loud volunteers were at James T. Champion on July 21, 2017. They filled the day hall with joyful hymns, devotionals and even sweet treats for the residents. The residents and the volunteers had a great time. There wasn't a frown to be seen. Just smiles, laughter and thankful hearts.

To participate in L.O.L. next year or for more information, you may visit [lolmeridian.com](http://lolmeridian.com).



## Save Lives, Give Blood

*"The blood you donate, gives someone another chance at life. One day that someone may be a close relative, a friend a loved one or even you." – Red Cross*

On July 21, 2017, United Blood Services came once again to East Mississippi State Hospital. The buses were stationed at main grounds and James T. Champion. Several people turned out to donate blood. Each person that gives is giving a wonderful gift to a person in need.

Missions like this exist to make a difference in people's lives by bringing together the best people and inspiring individuals to donate blood.

In addition to receiving a free t-shirt, participants were entered to win a dream vacation to the destination of their choice which has a value of \$6,000.

There are always great incentives in hopes of reaching more donations. Sometimes the supply can be very scarce and that is when United Blood Services is counting on the communities support to step up and help. Anybody can be a "blood hero".

For many people, the thought of a needle can make them a tad lightheaded or worse. But that's when you learn to leap out of your comfort zone and face your fears. In the end, you know you've done a good deed, which is a wonderful feeling of knowing you might just save a life.





## DEPARTMENT OF MENTAL HEALTH

State of Mississippi

Diana S. Mikula - Executive Director



**July 5, 2017** (Jackson, Miss.) – The Board of Mental Health at its June meeting passed a resolution honoring Mr. George Harrison, of Coffeeville, whose term ending June 30 brings to an end more than 20 years of service to Mississippi’s mental health system.

Mr. Harrison was appointed in 1996 by Gov. Kirk Fordice and was reappointed two subsequent times, once by Gov. Ronnie Musgrove and once by Gov. Haley Barbour.

As a member, he has served terms as both Chair and Vice Chair of the Board of Mental Health. Mr. Harrison previously served on the Governor’s Council for Developmental Disabilities. He and his wife have been involved in the mental health field since 1974, when their daughter was admitted to North Mississippi Regional Center.

“As a parent of a daughter who had an intellectual and developmental disability, he has brought a unique perspective to the Board that is valuable as we continue to transform the state’s mental health system,” the resolution recognizing him reads. “Personally knowing the struggles parents face as they are making decisions about care and supports has helped guide him as the Board developed policies and goals for the future.”

In his position on the Board of Mental Health, he served on the Strategic Planning Subcommittee which worked to develop the DMH Strategic Plan, a roadmap for the future of the agency. As part of the Subcommittee, he reviewed the Plan each year, and reviewed quarterly progress to goals and objectives within the Plan. In his position on the Board, he also served on the Property Subcommittee

“We wish to express our appreciation to George Harrison for his never wavering dedication and service to the Board of Mental Health and to wish him success in all future endeavors,” said Diana Mikula, DMH Executive Director. “His leadership and devotion to the needs of individuals with mental illness, intellectual and development disabilities, and substance use disorders made an immeasurable impact on the lives of Mississippians.”

**Photo Enclosed:** Pictured is Board of Mental Health members (l to r) Dr. Jim Herzog, Dr. Sampat Shivangi, Mr. Harrison, Rick Barry, Dr. John Montgomery, Diana Mikula, DMH Executive Director, Dr. Manda Griffin, and Robert Landrum.

*DMH is supporting a better tomorrow by making a difference in the lives of Mississippians with mental illness, substance use disorders and intellectual or developmental disabilities one person at a time.*

## DMH Consolidates Functions at Behavioral Health Programs

The Department of Mental Health announced in July a consolidation of various aspects of its programs in an effort to reduce administrative overhead while continuing to deliver quality services to Mississippians in need.

The department's six programs for mental health services will be consolidated under the umbrellas of two of its current programs, Mississippi State Hospital and East Mississippi State Hospital. Specialized Treatment Facility will become a satellite program of Mississippi State Hospital, while North Mississippi State Hospital, South Mississippi State Hospital, and Central Mississippi Residential Center will become satellite programs of East Mississippi State Hospital in Meridian. This is similar to a consolidation in FY17 when the Mississippi Adolescent Center became a satellite program under Boswell Regional Center.

"The Mississippi Legislature, in our appropriations bill for Fiscal Year 2018, gave the Department of Mental Health a lump sum budget number for all of our programs so that we could have the flexibility to reorganize and consolidate programs as needed," DMH Executive Director Diana Mikula said.

"This reorganization will allow our programs to have the ability to share administrative staff and resources. This is a streamlining of backroom operations and will not impact the delivery of services to people in need at these programs. We will be able to accomplish this streamlining of administrative services through attrition, retirements, and the elimination of vacant positions.

By consolidating and streamlining services at our behavioral health programs for administrative purposes, we will be able to keep acute psychiatric services available in communities throughout Mississippi with our satellite locations. Mississippians should have the opportunity to live in the community and be included in their community. Services must be provided on a continuum of where the person is at that time and what their needs are at that time. Needs may range from outpatient therapy – to case management – to crisis services - to commitment to a behavioral health program. In all of these areas, we must keep our focus person-centered.

I appreciate the support we have received from all of our staff during this process. Our mission will continue to be providing a better tomorrow for people in need of our services. The only way we can provide a better tomorrow is by working together. I truly believe we are seeing change within the state's mental health system because of the commitment we all have to provide the services and supports needed to help people have a better quality of life. I thank you for your dedication to the people we serve." - Diana Mikula -

## CMRC Staff

At Central Mississippi Residential Center in Newton, Mississippi, there has been a change in leadership since the previous Hospital Director retired. Donna Creekmore now serves as the Administrative Coordinator and Dr. Steve Smith serves as the Clinical Director of the facility.



Creekmore now serves as the Administrative Coordinator of Central MS Residential Center. She began her employment at CMRC in 1999 as one of the first employees hired at the facility and has held various supervisory positions for 16 of her 18 years at CMRC. She received both her Bachelor's degree in Business and Industry with a concentration in Accounting and her Master's in Public Policy and Administration from Mississippi State University. She has completed training with the State of Mississippi as a Certified Public Manager, Certified Supervisory Manager, and Certified Mississippi Purchasing Agent. A graduate of Newton County Academy and East Central Community College, Donna is a native of Newton where she still resides with her husband, Jeff and their daughter, Amanda. She is an active member of Ebenezer Baptist Church, where she serves as church pianist, and is a vocalist with Southern Heritage, a regional Southern Gospel trio based out of Philadelphia, MS.



Smith received his Doctorate in Clinical Psychology from the University of Mississippi in 1995. He has been a Licensed Psychologist in the state of Mississippi with additional certification to perform Civil Commitment Evaluations since December of 1995. He worked in both outpatient and inpatient settings on the MS Gulf Coast before joining the staff at CMRC as the Clinical Director in 2007. Dr. Smith resides in Forest, MS with his wife, Katherine.



## Upcoming Events

**AUGUST**

**17-18**

**Alzheimer's Conference  
Natchez, MS**

## Recipes

### Grilled Bruschetta Chicken

4 tablespoons extra virgin olive oil  
Juice of one lemon, divided  
Kosher salt  
Freshly ground black pepper  
1 teaspoon Italian seasoning  
4 boneless, skinless chicken breasts  
3 Roma tomatoes, diced  
4 slices provolone cheese



In a small bowl, combine oil, 1/2 the lemon juice, 1 tsp. salt, 1/4 tsp. pepper & Italian seasoning. Transfer to a large re-sealable bag along with chicken; seal and chill for 30 minutes. Transfer chicken to a preheated grill & discard excess marinade. Grill chicken over med-high heat until cooked through. Combine tomatoes & remaining lemon juice; season with salt & pepper. While chicken is on grill, top each breast with 1 slice provolone & cover grill until cheese is melted. Top chicken with tomato mixture & serve.