

EMSH *Insider*



Spotlight

on Reginald P. White Nursing Facility



In 2008, the Centers for Medicare & Medicaid Services (CMS) introduced a 5-Star Quality Rating System to rank nursing homes from one to five stars. CMS collects information to be used on the Nursing Home Compare website, which was developed with the goal of assisting consumers in finding and comparing nursing home quality information. The Rating System is designed to help consumers understand nursing homes quality, choose between high- and low- performing homes, and provide data to nursing home to assist in quality improvement efforts.

CMS uses three standards for collecting and comparing nursing homes. The first standard is **Health Inspection** which is scored on the outcome of annual and complaint surveys over the last three years. The second standard, **Quality Measures**, is the score based on how a long-term-care facility (LTC) compares to state and national nursing home averages in 19 categories such as, but not limited to, the fol-

lowing: percentage of residents experiencing one or more falls with major injury, percentage of residents with a urinary tract infection, percentage of high-risk residents with pressure sores, percentage of residents with a catheter inserted and left in their bladder, percentage of residents who received an antipsychotic medication, percentage of residents whose ability to move independently worsened, and percentage of residents whose need for help with daily activities has increased. The last standard, **Staffing Ratio**, compares LTC staffing levels to the state and national average looking at total staff hours per resident day as worked by RN's, LPNs, and CNAs.

As of January 2023, Reginald P. White's Nursing Facility's 5-Star rating was posted on the Centers for Medicare & Medicaid Services (CMS) Nursing Home Care Compare website. RPW's Quality Assurance Infection/Performance Improvement team often uses the 5-star rating system to set QA/PI goals and maintain the desired level of quality in a service and the delivery of those services.

The 5-Star rating helps beneficiaries, their families, and caregivers compare nursing homes more easily. This directly impacts whether or not a potential customer selects the nursing facility to care for themselves or their loved ones. Consumers often look at a facility's last survey as well as how they scored in quality measures such as the percentage of residents who have moderate to severe pain, percentage of residents who spent most of their time in bed or in a chair, percentage of residents who were physically restrained or the percentage of residents with significant weight loss, when considering LTC placement.

According to Compare Mississippi Nursing Home Ratings (nursinghomereport.org), in Mississippi there are 204 nursing homes listed. Of those listed, there are 20 nursing homes with a 5 star rating, 49 nursing homes with a 4 star rating, and 50 nursing homes with only a 1 star rating.

Pictured are RPW Administrator Kevin Walker with the dedicated staff members who aided in obtaining the 5-Star rating.

CONGRATULATIONS ON A JOB WELL DONE!!!

Spotlight

on Kevin Walker



Kevin Walker, Reginald P. White Nursing Facility's Administrator, is EMSH's featured Spotlight for the month of February. His dedication to the Residents and his staff members is what has earned Mr. Walker's facility a 5-Star rating.

Mr. Walker began working as a Social Worker at EMSH in the Adolescent Unit, known as BASAC, in 1992.

He quoted,

"One of the most wonderful aspects of EMSH is the ability to work in a variety of areas in mental health. When I completed my undergraduate degree, I wanted to work in all areas of mental health. It has been rewarding to work in Adolescence, Adult Services and now Gerontology."

When asked what he enjoyed most about his job, Mr. Walker stated, "The process of watching residents, families and staff

work together to overcome a resident's illness and the resident and family being able to thrive again with improved quality of life due to the excellent care of the staff at RPW."

Prior to employment at EMSH, Mr. Walker worked as a Clinical Counselor at John De La Howe School Wilderness Program in McCormick, South Carolina.

He received a Bachelor of Art Degree in Social Work from Rust College and a Master's Degree in Public Policy and Administration from Mississippi State University.

When asked about family, Mr. Walker shared, "I am a girl dad, to three lovely daughters. Their names are: Courtney, who is married and employed as a Social Worker in Jackson, MS, Camryn, who will be attending the University of Southern Mississippi in the Fall and Jasmine, who is starting nursing school in the Summer at the University of Mississippi Medical Center. I am also grandad to a little princess, Mary Katherine, aka MK."

Mr. Walker also enlightened us with a few of his favorite hobbies. He enjoys watching sports, particularly the Lakers, Dodgers and the Raiders as well as dining at local establishments in different cities or countries.

Mr. Walker quoted: "One Team, One Fight, R.P. White's Commitment to Excellence" when asked for any additional information he wanted to add. And EXCELLENCE is definitely what R.P. White has!

Congratulations to you and your staff for RPW receiving a 5-Star rating!



Spade Tournament Takes Place at EMSH

Written by: Patricia Alonso

It was another Friday event and this time it was the Spade card tournament. Both main campus units, and BASAC SUDs were very excited about this tournament that they had waited for so long. Finally, SUDs was going to try to take the biggest prize and be crowned King of Spade Champions! There were 30 participants from all units and in the finale, Queen of Hearts went against King of Spades. And once again L1 from the Main Campus came out victorious and the Queens of Hearts were the Champions!



SPADES TOURNAMENT



February New Hire Orientation



EMSH's Professional Development Department in Main Campus' H-Building offers training to new employees to begin their employment in the various departments they are hired for with monthly Orientation classes.

New hires are given basic information about their payroll, time management, proper relationships with clients and co-workers and MANDT training, to name a few.

Pictured are the February 2023 new hires.

Welcome to the EMSH Team!

Bridging The Gap



Susan Shaw, Social Services Executive at East Mississippi State Hospital, hosted a quarterly Bridging the Gap lunch meeting/training on Wednesday, February 9, 2023 in B-Building.

Four speakers attended for the 1 1/2 hour session and about forty invitees from various departments across the campuses from EMSH's main facility, Community Services Newton/Kemper and BASAC attended to hear about the services offered by each of the four facilities.

- ◆ Kimberly Clark from Region 10 PACT began the first presentation sharing what PACT is and does for Individuals Receiving Services. PACT {Programs of Assertive Community Treatment} is a person-centered, recovery-oriented mental health service delivery model for facilitating community living, psychological rehabilitation and recovery for persons who have the most severe and persistent mental illnesses and have not benefitted from traditional outpatient services. PACT Teams are mobile, delivering services to people in their homes and communities. This Evidence-based program enables people to remain in their communities and reduce placements in inpatient environments. Evidence-based programs like PACT are essential to allowing people to stay in the communities of their choice and continue on their journey of recovery. {As found on the DMH website}
- ◆ Phyllis Barrett from Hudspeth Group Homes spoke next, informing attendees what the group homes have to offer. Community-based ICF/IID group homes are provided with support care professional services twenty-four hours a day, seven days a week in a supervised, home-like setting. These homes serve persons with intellectual or developmental disabilities. People are offered a range of opportunities to gain independence in areas of daily living and community involvement. {hudspeth.info}
- ◆ Teresa Grace from Multi-County Community Services Agency spoke on the programs they offer next. Some of those services are: Emergency Food and Shelter, Meals on Wheels, Weatherization, and Low Income Home Energy Assistance Program, to name a few.
- ◆ Kristi Bounds from Janssen Pharmaceuticals spoke briefly on some of the prescribed drugs that may be administered to people who need medication on a daily basis.

Janssen Pharmaceuticals provided the lunches from McAlister's Deli, which consisted of Turkey, Chicken or Ham and cheese club sandwiches, chips, cookies and tea.

Japanese Magnolia Bloom



Calendar

FEBRUARY

14th

St. Valentine's Day

Friends' Valentine Bake Sale Fundraiser

20th

Presidents' Day

{All EMSH Offices Closed}

21st

Fat Tuesday

{Mardi Gras Day}

